

Breast augmentation is sought by many women of all different age categories. For all these women, the main objective is generally not to develop a colossal, or unnaturally large "dream bust", but to enhance the natural contours of their existing breasts. Most women want naturally augmented breasts that are in harmony with the rest of their figure.

Breast augmentation: Key facts at a glance

Op. length: about 1? hrs

Anaesthetic: general

Clinic stay: 1 night or outpatient

Post-op. treatment: 3 to 5 days with bandage and 3 weeks with bra worn day and night

Time off work: about one week, depending on the type of work

Sport: light exercise after 4 weeks, no sport (tennis, swimming, jogging) for 6 to 8 weeks